

Thursday, 21th May 2015

16.00- 19.30	Registration	Congress Center Sava
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Thursday, 21th May 2015

14.40 – 18.15	Serbian Academy of Sciences and Arts 35, Kneza Mihaila Str. Belgrade
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14.40 - 15.00	Welcome drink
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Session I: Sport medicine - Importance and perspective

Chairs: Vladimir Kanjuh, Mohamed Ghaith Al Kuwari, Nebojša Popović, and Zoran Krivokapić

15.00 – 15.20	<i>Opening speech</i>	Protocol
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Time	Lecturer	Theme
15.20– 15.40	Mohamed Ghaith Al Kuwari	Prescribing exercise tablets for Qatari patients
15.42 – 16.02	Riadh Miladi	The Aspetar model of sports physiotherapy practice
16.04 – 16.24	Zoran Baščarević	Total hip arthroplasty in young and very active patients
16.26 – 16.46	Anđelkov Katarina, Marcos Sforza, Branislav Krivokapić	Potential applications of stem cells from fat tissue in sport injuries
16.48 – 17.08	Milica Vukašinović Vesić	Antidoping testing and organization –milestone in success in long tradition in sports medicine in Serbia
17.10 – 17.25 Discussion		

***Inauguration to the Visiting professor of
Medical School of Belgrade University***

Chairs: Nebojša Lalić

Honorary lecture		
17.30 – 18.15	Nebojša Popović	Serbia and sports medicine- proud past exciting future

19:00-21:00	Opening ceremony National Theatre, 3 Francuska Str, Belgrade
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Friday, 22th **May 2015**

07.30 – 18.00	Registration	Congress Center Sava
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08.45 – 09.00	Welcome and Official Opening
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Friday, 22th May 2015

9.05 – 11.15	<i>Session II</i>	Athlete Screening and Sports Injury Prevention
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Chairs: Karim Khan, Miljko Ristić

Time	Lecturer	Theme
09.05 – 09.25	Mathew Wilson (Aspetar/UK)	Overview on athlete screening – Why do we do it?
09.27 – 09.47	Antonio Pelliccia (Italy)	Cardiac screening in athletes – 25 years of experience
09.49 – 10.09	Michel D’Hooghe	Medical strategy of football .A world vision of FIFA
10.11 – 10.31	Roald Bahr (Norway/Aspetar)	Injury prevention – what is the evidence?
10.33 – 10.55	Rod Whiteley /Erik Witvrouw(Aspetar/ Australia/Belgium)	Injury prevention – for whom and how?
10.55 – 11.15 Discussion		

11.15 – 11.30	Coffee/exhibition
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Friday, 22th May 2015

11.35 – 13.00	<i>Session III</i>	Sports Injury Management
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Chairs: Popovic Nebojsa, Marko Kadija

Time	Lecturer	Theme
11.35 – 11.50	Johannes Tol (Netherlands)	Muscle Injuries in athletes
11.52 – 12.12	Ulrike Muschaweck (Germany)	Groin injuries in athletes
12.14 – 12.29	Pieter D’Hooghe (Aspetar/Belgium)	Ankle injuries and surgical treatment in Sports
12.31 – 12.46	Johannes Tol (Netherlands)	Novel Treatment approaches in Sports Medicine: PRP, HVI etc. - what is the evidence?
12.46– 13.00 Discussion		

13.00 – 13.55	Lunch /exhibition
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Friday, 22th May 2015

14.00 – 16.20	<i>Session IV</i>	The Aspetar Vs. European Experiences
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Chairs: Cristiano Eirale, Slobodan Jarić

Time	Lecturer	Theme
14.00 – 14.20	Julien Periard (Aspetar/Canada)	What mechanisms influence exercise performance in the heat
14.22 – 14.42	Karim Khan (Aspetar/Germany)	Latest developments in altitude training
14.44 – 15.04	Mohamed Ghaith Al Kuwari (Aspetar/Qatar)	An opportunity for Qatar
15.06 – 15.26	Stjepan Heimer (Croatia)	Exercise for public health: Evidence- based approach
15.28– 15.48	Rado Pisot (Slovenia)	Effects of inactivity on health outcomes: New perspectives
15.50 – 16.10	Tamara Gavrilovic (Serbia)	Exercise prescription in clinical sports medicine
16.15 – 16.30 - Discussion		

16.30 – 16.45	Coffee/exhibition
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Friday, 22th May 2015

16.50 – 18.35	<i>Session V</i>	Key notes lecturers
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Chairs: Popovic Nebojsa, Zoran Baščarević

Time	Lecturer	Theme
16.55 – 17.20	Ali Guermazi (USA/Aspetar)	Musculoskeletal imaging in 2015-State of the art and application in sports medicine
17.22 - 17.47	Jaric Slobodan (USA)	Can we test muscle mechanical properties through multi-joint movements?
17.49 – 18.19	Marc Martens (Belgium/Aspetar)	40 years of ACL surgery- ACL Story
18.19 – 18.35 Discussion		

Friday, 22th May 2015

14.00 – 16.25	Parallel sessions	Sport Workshops
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Hall 4

Time	Lecturer	Topic
14.00 – 14.45	Žarko Vučković (Aspetar/Serbia) Gilles Reboul (France/Aspetar)	Workshop I The athlete's groin
14.50 – 15.35	Antonio Pelliccia (Italy), Mathew Wilson (Aspetar/UK)	Workshop II ECG interpretation in athletes
15.40 – 16.25	Pieter D'Hooghe (Aspetar/Belgium)	Workshop III Examination of the foot and ankle

Hall 5

Time	Lecturer	Topic
14.00 – 14.45	Marc Martens (Belgium/Aspetar)	Workshop IV: Examination of the knee
14.50 – 15.35	Erik Witvrouw (Aspetar/ Belgium)	Workshop V: Rehabilitation for knee injuries
15.40 – 16.25	Rod Whiteley (Aspetar/ Australia)	Workshop VI Rehabilitation for shoulder injuries

Saturday, 23th May 2015

08.30 – 12.00	Registration	Congress Center Sava
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Saturday, 23th May 2015

9.00 – 10.20	Session VI	<i>Sports Medical Issues in Athletes</i>
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Chairs: Karim Khan, Goran Milašinović

Time	Lecturer	Theme
09.20 – 09.40	Antonio Pelliccia (Italy)	Sudden cardiac death: Prevention or Emergency care?
09.42 – 10.02	Velvet Garvey (Australia)	The Aspetar sports medicine journal: how a good team made it work
10.02 – 10.20 Discussion		

10.25 – 10.40	Coffee/exhibition
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Saturday, 23th May 2015

10.45 – 12.35	Session VII	Sports Performance& Nutrition
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Chairs: Roald Bahr, Vladimir Jorga

Time	Lecturer	Theme
10.45 – 11.15	Jay R. Hoffman (USA)	Beta-alanine Supplementation for Elite Performance
11.17 – 11.47	G. J. Olcina Camacho (Spain)	Training and nutrition for ultra-endurance events: an update
11.49 – 12.19	Sergej M. Ostojic (Serbia)	Mitochondria-related Nutraceuticals for Post-exercise Recovery
12.20 – 12.35 Discussion		

12.40 – 13.25	Lunch /exhibition
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Saturday, 23th May 2015

13.30 – 14.30	Session VIII	Exercise is Medicine (Healthy lifestyle)
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Chairs: Mathew Wilson, Dragan Radovanović

Time	Lecturer	Theme
13.30 – 13.50	Karim Khan (Aspetar/Canada)	A global perspective
13.52– 14.12	George Nassis (Aspetar/Greece)	Sport science application in football
14.14 – 14.34	Sergej Ostojic (Serbia)	Fitness vs. fatness in children: Can you be overweight and healthy?
14.35 – 14.50 Discussion		

14.55 – 15.15	Coffee/exhibition
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SATURDAY, 23rd MAY 2015

15.20– 16.00	Special Session	Special Champion Session
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Moderator: TBD

Champion Panel: Nebojša Popović, Vlade Divac, Vanja Udovičić, Nasser Al Attiyah

Special lecture

Chairs: Nebojša Popović, Michael D’Hooghe, Zoran Krivokapić

Time	Lecturer	Topic
16.05 – 16.35	Cristiano Eirale (Aspetar/Italy)	Qatar 2022 Football World Cup – A challenge for Sports Medicine?

16:40 Closing Remarks TBD

This a preliminary program and changes are possible and expected